



Dr. Prachi Sharma

LEADER | MENTOR | TRANSFORMER

Empowering lives through knowledge,
compassion and conscious leadership.



LEADERSHIP
Inspiring Purpose



MENTORSHIP
Guiding Growth



INNOVATION
Driving Change



IMPACT
Creating Meaning



*Lead with Purpose,
Inspire Change.*

– Dr. Prachi Sharma

Dr. Prachi Sharma

Chief Trainer – Mental Health & Inner Consciousness

OmAura Institute of Inner Consciousness

Dr. Prachi Sharma is a distinguished mental health trainer, consciousness educator, international life coach, author, and transformational speaker dedicated to empowering individuals through emotional wellbeing, mindfulness, and inner consciousness development.

As the Chief Trainer in Mental Health at the OmAura Institute of Inner Consciousness, she plays a pivotal role in designing and leading transformative training programs focused on emotional resilience, psychological wellbeing, mindfulness, personality development, and conscious living for students, youth, parents, and professionals.

With a mission to bridge modern psychology with inner awareness practices, Dr. Prachi has already impacted thousands of lives through workshops, counseling programs, consciousness trainings, and transformational interventions. She has trained: 5,000+ students, Thousands of parents, Educators, youth leaders, and individuals seeking emotional healing and mental clarity. Her expertise spans multiple specialized domains, including:

- **Mindfulness & Conscious Awareness | Psychological & Personality Development | Pranav Kriya Practices | Emotional Wellbeing & Stress Management | Inner Consciousness Activation Picture-Based Psychological Analysis | Youth Mental Health & Human Potential Development**

Dr. Prachi is also the creator and author of transformational programs and books including:

Approach to Success and The Green Mind™ – Inner Science Activation System

She currently leads impactful mental health and emotional wellbeing initiatives under SRMS Foundation, including: Mission “आमोद”

This initiative is dedicated to supporting students and youth facing: Stress, Anxiety, Depression, Emotional Imbalance, and Deeper psychological challenges.

Her contribution and leadership in the field have earned national recognition, including:

FOX India – 100 Inspiring Women of India (2023)

Dr. Prachi Sharma is also an active member of several prestigious national and international organizations, including:

- **WEP, NITI Aayog – Government of India | International Association of Academicians, USA | International Association of Conscious & Creative Writers, UK | Women Speakers Association, USA | The Indian Science Congress Association, India**

Through her work, Dr. Prachi continues to inspire a new movement focused on mental wellness, conscious living, emotional healing, and inner transformation for modern society.